

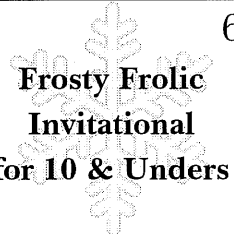
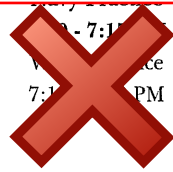


January 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Remember to sign-up for the meets and a volunteer position at the meets.</i></p>			<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	 <p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	
	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Home Meet vs. Collegiate</p>
	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>No Practice</p> 	<p>Meet at Millersville</p>
	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Meet at Waynesboro</p>
	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>	<p>Navy Practice 6:30 - 7:15 PM White Practice 7:15 - 8:30 PM</p>		